



Nursery

Overview of learning objectives for each week	
Week 1	I can name parts of my body and show respect for myself
Week 2	I can tell you some things I can do and some food I can eat to be healthy
Week 3	I understand that we all start as babies and grow into children and then adults
Week 4	I know that I grow and change
Week 5	I can talk about how I feel moving to Reception from Nursery
Week 6	I can remember some fun things about Nursery this year

Reception

Overview of learning objectives for each week	
Week 1	I can name parts of my body and show respect for myself
Week 2	I can tell you some things I can do and some food I can eat to be healthy
Week 3	I understand that we all start as babies and grow into children and then adults
Week 4	I can express how I feel about moving to Year 1
Week 5	I can talk about my worries and/or the things I am looking forward to about being in Year 1
Week 6	I can share my memories of the best bits of this year in Reception

Year 1

Overview of learning objectives for each week	
Week 1	I am starting to understand the life cycles of animals and humans
Week 2	I can tell you some things about me that have changed and some things about me that have stayed the same
Week 3	I can tell you how my body has changed since I was a baby
Week 4	I can identify the parts of the body that make boys different to girls and can use the correct names for these
Week 5	I understand that every time I learn something new I change a little bit
Week 6	I can tell you about changes that have happened in my life

Year 2

Overview of learning objectives for each week	
Week 1	I can recognise cycles of life in nature
Week 2	I can tell you about the natural process of growing from young to old and understand that this is not in my control
Week 3	I can recognise how my body has changed since I was a baby and where I am on the continuum from young to old
Week 4	I can recognise the physical differences between boys and girls, use the correct names for parts of the and appreciate that some parts of my body are private
Week 5	I understand there are different types of touch and can tell you which ones I like and don't like
Week 6	I can identify what I am looking forward to when I move to my next class

Year 3

Overview of learning objectives for each week	
Week 1	I understand that in animals and humans lots of changes happen from birth to fully grown, and that in mammals it is the female who has the baby
Week 2	I understand how babies grow and develop in the mother's uterus I understand what a baby needs to live and grow
Week 3	I understand that boys' and girls' bodies need to change so that when they grow up their bodies can make babies I can identify how boys' and girls' bodies change on the outside during this growing up process
Week 4	I can identify how boys' and girls' bodies change on the inside during the growing up process and can tell you why these changes are necessary so that their bodies can make babies when they grow up
Week 5	I can start to recognise stereotypical ideas I might have about parenting and family roles
Week 6	I can identify what I am looking forward to when I move to my next class

Year 4

Overview of learning objectives for each week	
Week 1	I understand that some of my personal characteristics have come from my birth parents and that this happens because I am made from the joining of their egg and sperm
Week 2	I understand what responsibilities there are in parenthood and the joy it can bring I can consider what has influenced my life and what might influence the lives of other people
Week 3	I can describe how a girl's body changes in order for her to be able to have babies when she is an adult, and that menstruation (having periods) is a natural part of this
Week 4	I know how the circle of change works and can apply it to changes I want to make in my life
Week 5	I can identify changes that have been and may continue to be outside of my control that I learnt to accept
Week 6	I can identify what I am looking forward to when I move to a new class

Year 5

Overview of learning objectives for each week	
Week 1	I am aware of my own self-image and how my body image fits into that
Week 2	I can explain how a girl's body changes during puberty and understand the importance of looking after yourself physically and emotionally
Week 3	I can describe how boys' and girls' bodies change during puberty
Week 4	I understand that sexual intercourse can lead to conception and that is how babies are usually made I also understand that sometimes people need IVF to help them have a baby
Week 5	I can identify what I am looking forward to about becoming a teenager and understand this brings growing responsibilities
Week 6	I can identify what I am looking forward to when I move to my next class.

Parents/carers have the right to withdraw pupils from lesson 4.

Year 6

Overview of learning objectives for each week	
Week 1	I am aware of my own self-image and how my body image fits into that
Week 2	I can explain how a girl's body changes during puberty and understand the importance of looking after yourself physically and emotionally
Week 3	I can describe how a baby develops from conception through the nine months of pregnancy, and how it is born
Week 4	I know myself well enough to maintain positive relationships with others whilst still keeping my own identity
Week 5	I am aware of the importance of a positive self-esteem and what I can do to develop it
Week 6	I can identify what I am looking forward to and what worries me about the transition to secondary school

Parents/carers have the right to withdraw pupils from lesson 3.