

# Jigsaw Jaz's Journey

## Relationships



jealousy

How can I build positive, healthy relationships?




I will learn about...

- Jealousy in relationships
- Identifying and expressing why someone is special to me
- Feelings about people that I no longer see
- How friendships can change
- How to make new friends
- Managing fall outs with friends
- Boyfriend and girlfriend relationships



I will explore...

- A rage of feelings associated with jealousy
- How a person might feel when they lose something or someone
- How we can remember people we may not see any more
- How to stand up for myself
- How to negotiate and compromise
- Love and being loved by others




numb

despair

shock

love




loss

negotiate

relief

peers

hope



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Can you share a solution that might help a person manage a personal loss?

Can you give a reason why some people may experience a range of feelings associated with personal loss?

## My Thinking Pad

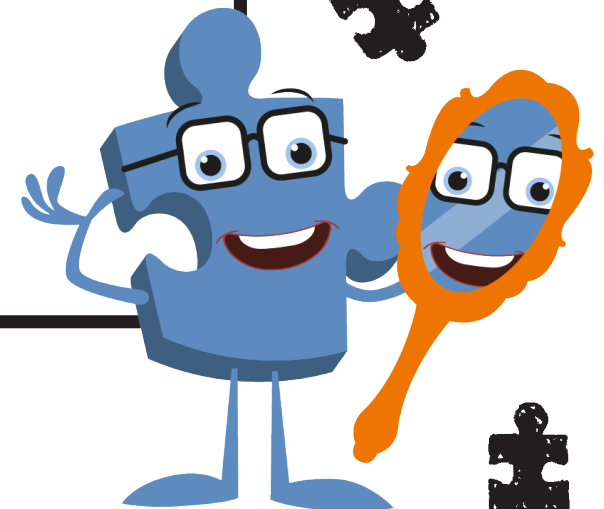
What have I learnt in this puzzle that helps me to build positive, healthy relationships?

I can show love towards people I care about by...

People can experience a range of feelings such as ....  
when they miss something or someone.

It might help to...

Can you evaluate how useful this solution may or may not be?



Relationships

