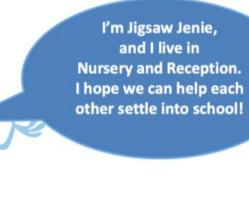




## **Foundation Stage**

Being Me in My	Celebrating	<b>Dreams and Goals</b>	Healthy Me	Relationships	Changing Me
World	Difference				
Self-identity	Identifying talents	Challenges	Exercising bodies	Family life	Bodies
Understanding	Being special	Perseverance	Physical activity	Friendships	Respecting my body
feelings	Families	Goal-setting	Healthy food	Breaking	Growing up
Being in a classroom	Where we live	Overcoming	Sleep Keeping clean	friendships	Growth and change
Being gentle	Making friends	obstacles	Safety	Falling out	Fun and fears
Rights and	Standing up for	Seeking help	-	Dealing with	Celebrations
responsibilities	yourself	Jobs		bullying	
	-	Achieving goals		Being a good friend	



Don't forget about me! I'm Jigsaw Jerrie Cat and I'll help you to learn mindfulness.