



Jigsaw Jenie's Journey

Relationships

family

How can I build positive, healthy relationships?

I will learn about...

- My family and why they are special to me 
- How to make friends 
- What I like about my friends
- What to do if someone is unkind to me
- How to use Calm Me time to manage my feelings

friends

jobs



clean

lonely

words

What can you see?

fall out

calm me



feelings

argue

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